

We look forward to welcoming you to our Devon Clinic and here are the directions and map below.

## How to find us

Our Insight Workplace Health Devon Clinic is located in a private room in Teignmouth Library.

## From Exeter

1. Take New N Rd/B3183, Queen St and Bartholomew St E to Edmund St/A377
2. Continue on A377. Take A30, Devon Expy/A38 and A380 (signs for Torquay)
3. Stay on the A380 for 3.5 miles
4. Take the B3192 exit to Teignmouth
5. At the roundabout, continue straight onto Colley Ln/B3192
6. Stay on B3192 for 5 miles
7. At the junction turn left onto Bitton Park Rd/Exeter Rd/A379
8. After 500ft our clinic is located on the left hand side inside Teignmouth Library

## From Plymouth

1. Get on Devon Expy/A38 in Plympton from A374
2. Follow Devon Expy/A38 to Devon for 27 miles
3. Take the exit towards Ch.knighton/B3344/Kingsteignton/B3193
4. After 200ft turn right onto Clay Lane and continue for 0.8 miles
5. Turn right onto Clay Pits Way/B3193 and continue for 1.7 miles
6. At the roundabout, continue straight onto Strap Ln
7. At the next roundabout, take the 1st exit onto B3195
8. After 0.4 miles turn left to merge onto A380 towards Torquay
9. After 1.1 miles take the A381 exit towards Teignmouth
10. At Ware Barton Jct, take the 1st exit onto Teignmouth Rd/A381, follow for 3.4 miles
11. Continue straight onto Bishopsteignton Rd/A379
12. After 0.5 miles our clinic is located on the left hand side inside Teignmouth Library



 what3words [goose.secured.secondly](https://www.what3words.com/goose.secured.secondly)



Insight Workplace Health (Devon)

Insight Health Screening Ltd  
Trading as:  
Insight Workplace Health  
The Ness  
Teignmouth Library  
Fore St,  
Teignmouth,  
TQ14 8DY

 01792 321010  
 [info@insightworkplacehealth.co.uk](mailto:info@insightworkplacehealth.co.uk)  
 [insightworkplacehealth.co.uk](https://insightworkplacehealth.co.uk)